

Parents,

North Cedar Community School District is following current guidance from the Department of Education and the Iowa Department of Public Health to determine which students must be excluded from school and when they may be allowed to return.

Students and staff members exhibiting one or more high-risk symptom, or two or more low-risk symptoms will be sent home immediately.

HIGH RISK	LOW RISK
Cough	Fever (100.0 or higher) Runny nose
Shortness of breath/ difficulty breathing	Headache Congestion
Loss of sense of taste or smell	Muscle and body aches Nausea
	Fatigue Vomiting
	Sore throat Diarrhea

These students/staff members will not be allowed to return until one of the following criteria have been met:

1. A negative COVID-19 test  
**OR**
2. Ten days have passed since symptoms began (must also be fever-free for 24 hours)  
**OR**
3. A healthcare provider has determined that there is an alternative diagnosis and documented this on the form below

Thank you for your understanding as we follow state guidance to ensure the health of our students, staff, and community.

I have examined \_\_\_\_\_ and determined that he/she does not require a COVID-19 test and that there is an alternative diagnosis for his/her symptoms.

- Strep (determined by a positive test)
- Influenza (determined by a positive test)
- Other \_\_\_\_\_

Name of Provider \_\_\_\_\_ Date: \_\_\_\_\_