March 2022 Monthly Newsletter

Navigate & Educate

A Message from Your School Resource Navigator:

Hi Folks!

Happy March! A friendly reminder that in addition to providing clothing and hygiene items in the resource closet; I can also help connect youth and families with various academic, medical, dental, social/emotional and other support service needs. This includes: linking you to health services, such as medical or dental clinics, mental/behavioral health services, or other services designed to meet specific social/emotional, academic or health needs. Assistance arranging appointments and transportation to medical, dental and mental health appointments. Connecting you to community-based programs such as in-home family support programs, group support, public health programs, housing, household resources, employment, etc. Referring you to community resources including but not limited to: Food, housing, rental assistance, utility assistance, heat, electricity, clothing, school supplies. Please don't hesitate to reach out!

Local Events

- Clarence Public Library "Rainbows and Gold" creation station.
  Dig for leprechaun gold and make rainbow scratch art! All March Long
- Cedar Valley Park Snowshoe Scavenger Hunt
  Cedar County Conservation; Snowshoeing event in West Branch.
  2/5/22 @ 10am
- Waspi River Environmental Education Center
  - Maple Syruping; March 5-19, call to register (563-328-3286)
  - Native Mushroom ID & Cultivation March 5 @ 10am
    call to register (563-328-3286)

Available Food

- **1st Friday** of the Month - 3:30-4:30 Mobile Food Pantry Drive Thru at First United Methodist Church, 607 Lynn Street, Tipton
- **2nd Tuesday** of the Month - 3:30-4:30 Mobile Food Pantry @ Bennett Ambulance Building, 145 Main St, Bennett
- **2nd Saturday** of the Month - 10:00-12:00 Food Pantry @ Zion UCC, 402 Main St, Lowden
- **2nd, 4th & 5th Saturdays** of the Month - 11:00-12:00 Shared Blessings Free Meal Drive Thru @ First United Methodist Church, 607 Lynn Street, Tipton
- **3rd Tuesday** of the Month - 3:30-4:30 Mobile Food Pantry @ West Branch Fire Dept, 105 S 2nd St, West Branch
- **3rd Saturday** of the Month - 9:00-10:00 Food Pantry Drive Thru at Foursquare Church, 1100 N Hwy 38, Tipton
- **Every Wednesday** - 5:30-6:30 Food Pantry @ St. John's UCC, 320 9th Ave, Clarence

4 th Tipton UMC 607 Lynn St 3:30-4:30 pm (Cedar County)
8 th Bennett Ambulance Service bldg. 145 Main St. 3:30-4:30 pm (Cedar County)
14th Olin Elementary School 212 Trilby St 3:30-4:30 pm (Jones County)
15th West Branch Fire Department 105 S. 2nd St. 3:30-4:30 pm (Cedar County)
17th Anamosa St Paul's Lutheran Church 201 N. Ford St 3-4 pm (Jones County)

Mechanicsville Community Cupboard
Location: 307 E First St, Mechanicsville
Date/ Time: 2nd & 4th Thursdays each month 6—7PM & 4th Saturday
Bring Photo ID - Available to North Cedar School District Residents

Resource Closet

FREE Clothing + Hygiene Products

Current items Available for Free: Clothing,(men's, women's, youth, teen, and 12 month old) sizes available, Shoes, coats, snow pants, snow boots.

Hygiene items: body wash, bar soap, deodorant, toothbrushes, toothpaste, tampons, pads, liners.

Contact info Emily Smith: Resource Navigator
563.886.4711
esmith@north-cedarstu.org

Currently Requesting Donations of:

Hygiene items; fragrance free period products; teen/youth/ young adult/ mens clothing; shoes; coats; water bottles, sensory toys; Heating pads /packs; Microwavable Rice heating bags