

MAY 2022

North Cedar Mechanicsville Lunch Menu

LUNCH



Weekly Special:

May 2-6: Sub Sandwich
May 9-13: Muffin, Yogurt, String Cheese
May 12-16: Knight Bites
May 23-27: TBD



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

Chicken Bacon Sandwich **2**
on WG Bun, Chips,
Choice of Hot Veggie, K, M, Mayo
Pickle, Applesauce, Peaches
Fruit of Choice, Fresh Veggies
Milk of Choice

Corn Dog or Cheddarwurst **9**
on WG Bun, Hot Veggie, Chips
K, M, Applesauce, Pears
Fruit of Choice, Fresh Veggies
Milk of Choice

BBQ Rib on WG Bun **16**
Baked Beans, Chips
BBQ, Pickle, K
Applesauce, 2 Fruits of Choice
Fresh Veggies
Milk of Choice

Beef Tacos **23**
Refried Beans, Salsa
Sour Cream, Applesauce
2 Fruits of Choice
Fresh Veggies, Milk of Choice

Memorial Day **30**

TUESDAY

Walking Taco with **3**
Doritos, Refried Beans
Shredded Lettuce, Shredded Cheese
Salsa, Sour Cream, Applesauce
Applesauce, Pineapple, Choices of
Fruit, Fresh Veggies, Milk of Choice

Pork Chop **10**
Mashed Potatoes, Gravy, Corn
B&B Sandwich, K, M, BBQ
Applesauce, Tropical Fruit
Fruit of Choice, Fresh Veggies
Milk of Choice

Chicken Drumsticks **17**
Mashed Potatoes, Gravy, Corn
Biscuit, K, BBQ, Butter Pat
Applesauce, 2 Fruits of Choice
Fresh Veggies, Milk of Choice

Chicken Nuggets **24**
Fries, K, M, BBQ
Applesauce, 2 Fruits of Choice
Fresh Veggies
Milk of Choice

No School **31**

WEDNESDAY

Chicken Sticks **4**
Oven Fries, K, M, BBQ
Honey Mustard
Applesauce, Mandarin Oranges
Fruit of Choice, Fresh Veggies
Milk of Choice

Cheese Quesadilla **11**
Spanish Rice, Spiced Apples
Salsa, Sour Cream, Cheese Sauce
Applesauce, Pineapple
Fruit of Choice, Fresh Veggies
Milk of Choice

Sloppy Joes on WG Bun **18**
Tater Tots, K, Pickle
Applesauce
2 Fruits of Choice, Fresh Veggies
Milk of Choice

Salisbury Steak **25**
Mashed Potatoes, Gravy
Corn, B&B Sandwich
Applesauce, 2 Fruits of Choice
Fresh Veggies, Milk of Choice

THURSDAY

Cocktail Smokies **5**
Homemade Mac &
Cheese, K, BBQ, Choice of Hot Veggie
Applesauce, Fruit Cocktail
Fruit of Choice, Fresh Veggies
Milk of Choice

Popcorn Chicken **12**
Oven Fries, K, M, BBQ, Honey
Mustard, Applesauce
Peaches, Fruit of Choice
Fresh Veggies
Milk of Choice

Chicken Alfredo **19**
Breadstick, Green Beans
Parmesan Cheese, 2 Fruits
of Choice, Fresh Veggies
Milk of Choice

Cook's Choice **26**

FRIDAY

Hamburger on WG Bun **6**
Baked Beans, Chips
K, M, Mayo, Pickle
Applesauce, 2 Fruits of Choice
Fresh Veggies
Milk of Choice

Pizza **13**
Hot Veggie
Ice Cream
Applesauce, 2 Fruits of Choice
Fresh Veggies
Milk of Choice

Chicken Patty on WG Bun **20**
Chips, Hot Veggie of Choice
K, M, BBQ, Pickle
Applesauce, 2 Fruits of Choice
Fresh Veggies, Milk of Choice

Cook's Choice **27**

