

# DECEMBER 2022

## North Cedar Jr/Sr High Menu

Dec 1-2: Sub Sandwich, Yogurt Parfait, Chef Salad  
 Dec 5-9: Italian Flatbread Melt, Yogurt Parfait, Taco Salad  
 Dec 12-16: Turkey Bacon Melt, Yogurt Parfait, Chef Salad  
 Dec 19-22: Knight Bites, Yogurt Parfait, Chef Salad



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**5**  
 Crisпитos  
 Spanish Rice, Salsa, Sour Cream, Spiced Apples  
 Cheese Sauce, Applesauce  
 Pineapple, Fruit of Choice  
 Fresh Veggies, Milk of Choice

**6**  
 Breaded Pork Chop  
 Mashed Potatoes, Gravy  
 Corn, B&B Sandwich, K, M, BBQ, Applesauce, Peaches  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**7**  
 Spaghetti  
 Cheese Stick, Green Beans  
 Parmesan Cheese  
 Applesauce, Tropical Fruit  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**1**  
 Homemade Chili  
 or Chicken Noodle Soup  
 Saltine Crackers, Cinnamon Roll  
 Applesauce, Fruit Cocktail  
 Fruit of Choice  
 Fresh Veggies, Milk of Choice

**2**  
 Savory Breaded  
 Chicken Breast on WG Bun  
 Sweet Potatoes, Chips  
 K, M, BBQ, Honey Mustard  
 Pickle, Onion, Applesauce  
 2 Fruits of Choice, Fresh Veggies  
 Milk of Choice

**12**  
 Pizza  
 Broccoli and Cheese Sauce  
 Ice Cream  
 Applesauce, Mandarin Oranges  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**13**  
 Pork Carnitas on Tortilla  
 Shell, Fiesta Beans, Salsa  
 Sour Cream, Shredded Lettuce & Cheese, Grilled Peppers & Onions  
 Applesauce, Pineapple, 2 Fruits of Choice, Fresh Veggies  
 Milk of Choice

**14**  
 BBQ Rib or Pulled BBQ  
 Chicken on WG Bun  
 Onion Rings, K, M, BBQ, Pickle  
 Applesauce, Slushie  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**15**  
 Clarence Holiday Meal  
 Carved Pit Ham, Roasted Parmesan Potatoes, Green Bean  
 Casserole, Red and Green Gelatin  
 Dinner Roll, Applesauce  
 Fresh Veggies, Milk of Choice  
 Chocolate or Banana Crème Pie

**16**  
 Breaded Chicken Patty  
 or Spicy Chicken Patty on WG Bun  
 Peas & Carrots, Chips  
 K, M, BBQ, Honey Mustard, Mayo  
 Shredded Lettuce, Onion  
 Applesauce, 2 Fruits of Choice  
 Fresh Veggies, Milk of Choice

**19**  
 Orange Chicken  
 Chow Mein Noodles/Brown Rice  
 Broccoli, Fortune Cookie  
 S&S Sauce, Applesauce  
 Pineapple, Fruit of Choice  
 Fresh Veggies, Milk of Choice

**20**  
 Sloppy Joes on WG Bun  
 Tater Coins, Carrots  
 K, M, BBQ, Onion, Pickle  
 Applesauce, Mandarin Oranges  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**21**  
 Chicken Alfredo  
 Green Beans, Garlic Knot  
 Parmesan Cheese  
 Applesauce, Pears  
 Fruit of Choice, Fresh Veggies  
 Milk of Choice

**22**  
 Corn Dog, Hot Dog  
 or Cheddarwurst on WG Bun  
 K, M, Onion, Baked Beans  
 Sugar Cookie, Chips  
 Applesauce, 2 Fruits of Choice  
 Fresh Veggies, Milk of Choice

**23**  
 No School

**26**  
 No School  
 Winter Break

**27**

**28**

**29**

**30**