

APRIL 2023

North Cedar Elementary School

April 3-7: Yogurt Parfait with WG Granola April 10-14: WG Knight Bite April 17-21: WG Sub Sandwich April 24-28: WG Knight Bite

Monday

WG Corn Dog on Stick or Hot Dog on WG Bun Baked Beans, WG Chips Applesauce, Pineapple Fruit of Choice Fresh Veggies Milk of Choice

WG Pepperoni or Cheese Pizza
Broccoli, Ice Cream
Applesauce
Mandarin Oranges, Fruit of
Choice, Fresh Veggies
Milk of Choice

Orange Chicken
Brown Rice, Broccoli
S&S Sauce, Fortune Cookie
Applesauce, Pineapple
Fruit of Choice
Fresh Veggies
Milk of Choice

WG Chicken Nuggets
Oven Fries
K, M, BBQ, Honey Mustard
Applesauce, Slushie
Fruit of Choice
Fresh Veggies
Milk of Choice

Tuesday

Spaghetti
Green Beans
WG Bosco Sticks
Parmesan Cheese
Applesauce, Mandarin Oranges
Fruit of Choice, Fresh Veggies
Milk of Choice

Nachos with Tortilla Chips and Beef Taco Meat, Refried Beans, Salsa, Sour Cream Shredded Lettuce & Cheese Applesauce, Pineapple Fruit of Choice, Fresh Veggies Milk of Choice

Sloppy Joes on WG Bun Tater Coins Pickles, Onion, K, M Applesauce, Mandarin Oranges Fruit of Choice Fresh Veggies Milk of Choice

WG Beef Walking Taco or Soft Shell, Refried Beans Salsa, Sour Cream Shredded Cheese and Lettuce Applesauce, Pears Fruit of Choice, Fresh Veggies Milk of Choice

Wednesday

Chicken Club on WG Bun 5

Oven Fries

K, M, Pickle, Mayo

Applesauce, Tropical Fruit

Fruit of Choice

Fresh Veggies

Milk of Choice

BBQ Rib or BBQ Chicken 2
on WG Bun, Sweet Potatoes
Chips, K, M, BBQ, Onion, Pickle
Applesauce, Slushie
Fruit of Choice
Fresh Veggies
Milk of Choice

Hot Ham & Cheese on WG Bun Carrots, WG Chips, K Applesauce, Peaches Fruit of Choice Fresh Veggies Milk of Choice

WG Pepperoni or Cheese Pizza
Pizza
Broccoli, Ice Cream
Applesauce
Mandarin Oranges, Fruit of
Choice, Fresh Veggies
Milk of Choice

Thursday

WG Popcorn Chicken
Mashed Potatoes, Gravy, Corn
K, M, BBQ, Honey Mustard
Applesauce
Peaches, Fruit of Choice
Fresh Veggies
Milk of Choice

WG Breaded Pork Chop or Salisbury Steak Mashed Potatoes, Gravy, Corn B&B Sandwich, K, M, BBQ Applesauce, Pears Fruit of Choice, Fresh Veggies Milk of Choice

WG Chicken Drumstick
Mashed Potatoes, Brown Gravy
Corn, B&B Sandwich, Butter Pat,
Applesauce, Tropical Fruit
Fresh of Choice
Fresh Veggies
Milk of Choice

Homemade Lasagna
Green Beans
WG Garlic Knots
Parmesan Cheese
Applesauce, Tropical Fruit
Fresh Veggies
Milk of Choice

Friday

WG Shrimp Poppers or Hamburger on WG Bun WG Chips, Peas, Cheese Slice Onions, K, M, Pickles Applesauce 2 Fruits of Choice Fresh Veggies, Milk of Choice

WG Breaded Chicken Patty A or WG Spicy Breaded Chicken Patty on WG Bun, Parsley Potatoes, Carrots, K, M BBQ, Honey Mustard, Pickle Mayo Applesauce, 2 Fruits of Choice Fruit of Choice, Milk

WG Mini Corn Dogs or Cheddarwurst on WG Bun Baked Beans, K, M Onion, Applesauce 2 Fruits of Choice Fresh Veggies Milk of Choice

WG Savory Breaded Chicken Breast on WG Bun, Peas WG Chips, K, M, BBQ, Honey Mustard, Onion, Pickle, Mayo Applesauce, 2 Fruits of Choice Fresh Veggies Milk of Choice



