

NAVIGATE & EDUCATE: SEPTEMBER 2023

Available Food

- **1st or 2nd Friday** of the Month - 3:30-4:30 Mobile Food Pantry Drive Thru at First United Methodist Church, 607 Lynn St, Tipton
- **1st, 2nd, 3rd, & 4th Tuesdays** of the Month - 4:00-6:00 Food Pantry @ Peace Church, 414 Maple St, Bennett
- **2nd Saturday** of the Month - 10:00-12:00 Food Pantry @ Zion UCC, 402 Main St, Lowden
- **2nd & 4th Wednesdays** of the Month - 3:30-5:30 Food Pantry @ First UCC, 600 Mulberry St, Tipton
- **2nd & 4th Saturdays** of the Month - 11:00-11:45 Shared Blessings Free Meal @ First United Methodist Church, 607 Lynn St, Tipton
- **2nd & 4th Thursdays** of the Month - 6:00-7:00 Bring Photo ID, UMC, 307 E First St, Mechanicsville
- **3rd Tuesday** of the Month - 3:30-4:30 Mobile Food Pantry @ West Branch Fire Dept, 105 S 2nd St, West Branch
- **3rd Saturday** of the Month - 9:00-10:00 Food Pantry Drive Thru at Foursquare Church, 1100 N Hwy 38, Tipton
- **Every Wednesday** - 5:30-6:30 Food Pantry @ St. John's UCC, 320 9th Ave, Clarence

Updated 11/03/2022

DO YOU NEED?

A doctor, dentist, glasses, healthcare, health insurance, therapist, transportation to appointments, food assistance, assistance with rent/utilities, schools supplies, clothing, hygiene products, period care products, help applying for services? Contact School Resource

Navigator Ms. Emily

Work Cell (Call or Text): 563-886-4711

Email: esmith@north-cedarstu.org



HI, I'M MS. EMILY
THE SCHOOL
RESOURCE
NAVIGATOR

I connect youth and families with various academic, medical, dental, social/emotional and other support service needs. I provide support, information, assistance identifying options and potential solutions, empowering students and families to set goals and make choices that are right for them. My office is located in the Jr/Sr High School Room 107; however, I work with all North Cedar students and families including those in our elementary schools.

**NORTH CEDAR
RESOURCE CLOSET
PROVIDING FREE CLOTHING AND
HYGINE PRODUCTS**

The Goal of the Resource Closet is to: Uplift and empower our North Cedar students and families through minimizing financial barriers to basic necessities, so students can focus on their education.



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