



NAVIGATE & EDUCATE



Available Food

- **1st or 2nd Friday** of the Month - 3:30-4:30 Mobile Food Pantry Drive Thru at First United Methodist Church, 607 Lynn St, Tipton
- **1st, 2nd, 3rd, & 4th Tuesdays** of the Month - 4:00-6:00 Food Pantry @ Peace Church, 414 Maple St, Bennett
- **2nd Saturday** of the Month - 10:00-12:00 Food Pantry @ Zion UCC, 402 Main St, Lowden
- **2nd & 4th Wednesdays** of the Month - 3:30-5:30 Food Pantry @ First UCC, 600 Mulberry St, Tipton
- **2nd & 4th Saturdays** of the Month - 11:00-11:45 Shared Blessings Free Meal @ First United Methodist Church, 607 Lynn St, Tipton
- **2nd & 4th Thursdays** of the Month - 6:00-7:00 Bring Photo ID, UMC, 307 E First St, Mechanicsville
- **3rd Tuesday** of the Month - 3:30-4:30 Mobile Food Pantry @ West Branch Fire Dept, 105 S 2nd St, West Branch
- **3rd Saturday** of the Month - 9:00-10:00 Food Pantry Drive Thru at Foursquare Church, 1100 N Hwy 38, Tipton
- **Every Wednesday** - 5:30-6:30 Food Pantry @ St. John's UCC, 320 9th Ave, Clarence

Updated 11/03/2022

Trunk or Treat @ the Tipton City Park

Sunday October 29 (1-2:30pm).

The bowling alley is hosting a FREE activities for kids after Trunk or Treat!

Tipton Fall Food Truck Fest 2023

Wednesday, October 11th From: 5-8 pm

- TONS of FREE Giveaways for adults and kids!
- Fun Activities, Wes the Balloon Guy, Hayrides, Temporary Tattoos, Chili Cook off Voting Contest, Favorite Food Truck Voting Contest

Holiday Food Pantry

St. John's UCC in Clarence will be hosting a Holiday Food Pantry Night on December 20th 5:30-6:30. Sign up is required. To Sign Up, Call: (563) 452-3022.

If the person is unable to attend themselves, they can have someone pick up for them, just let UCC know when registering. If you would like to order a holiday meal, but are unable to attend/pickup your food - Please contact Ms. Emily (Work Cell: 563.886.4711; esmith@north-cedarstu.org).



Pumpkin Fest



October 25th from 6 - 7:30 p.m.
Cedar County Courthouse Lawn
FREE Family FUN!



FREE Hot Dogs, Chips, Bottled Water, & S'Mores Games, Pumpkin Decorating, Face Painting, Cookie Decorating, Fun Carnival yard games and Bouncy Houses!

Cedar County Public Health Flu Clinic Schedule

- The cost is \$30 payable by cash or check
- No out-of-pocket expense for those who present a Medicare, Medicaid, United Healthcare (with the exception of plans provided by John Deere) or Blue Cross Blue Shield insurance card.
- Children 18 & under who present a Medicaid card or are uninsured will receive the vaccine at no charge through the Vaccines for Children program



DATE	TIME	LOCATION
Tuesday, September 26 th	3:00-5:00pm	Bennett Fire Station
Thursday, October 5 th	12:30pm-1:30pm	Lowden-City Hall Council Room
	2:00pm-3:00pm	Stanwood-Park Shelter
	3:30pm-4:30pm	Mechanicsville-Memorial Building
Wednesday, October 11 th	7:30am-6:00pm	Tipton Drive Through Clinic-Tipton Courthouse Lawn
West Branch and Durant Clinics TBD		

Questions? Contact - Ms. Emily: esmith@north-cedarstu.org

