LUNCH

JANUARY 2024

North Cedar Jr/Sr High School Lunch Menu

Weekly Specials:
Jan 3-5: Ham and Provolone Flatbread, Chef Salad, Parfait
Jan 8-12: Triple Decker Club, Turkey & Bacon Cobb Salad, Parfait
Jan 16-19: Italian Flatbread, Chef Salad, Yogurt Parfait
Jan 22-26: Knight Bites, Taco Salad, Yogurt Parfait
Jan 30-31: Turkey Bacon Wrap, Chef Salad, Yogurt Parfait

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 Chicken Nuggets Oven Fries, Scooby Grahams K, M, BBQ, Honey Mustard Applesauce, Peaches Fruit of Choice, Fresh Veggies Milk of Choice	4 Homemade Lasagna Green Beans, Garlic Knot Parmesan Cheese Applesauce, Mandarin Oranges Fruit of Choice, Fresh Veggies	5 Breaded Savory Chicken Breast on WG Bun, Baked Beans WG Chips, Lettuce Onion, Tomato, Pickle Applesauce, 2 Fruits of Choice Fresh Veggies Milk of Choice
8 Whole Muscle Breaded Chicken Strips, Parsley Potatoes Peas, Tiger Grahams Applesauce, Pears Fruit of Choice, Fresh Veggies	9 Roasted Turkey Mashed Potatoes, Gravy, Corn Dinner Roll, Stuffing Applesauce, Pineapple Fruit of Choice, Fresh Veggies	10 Chicken Wings Onion Rings, Brownie Applesauce, Mandarin Oranges, Fruit of Choice Fresh Veggies Milk of Choice	11 Beef Nachos or Soft Shell Refried Beans, Salsa, Sour Cream Queso Dip, Shredded Cheese and Lettuce, Guacamole, Onion, Diced Tomato, Applesauce, Peaches Fruit of Choice, Fresh Veggies Milk of Choice	12 Grilled Chicken Club on WG Bun, Sweet Potatoes Chips, Pickle, Onion Applesauce, 2 Fruits of Choice Fresh Veggies Milk of Choice
15 No School	16 Crispitos Spanish Rice, Shredded Cheese or Cheese Sauce, Salsa, Sour Cream, Spiced Apples Applesauce, Pineapple, Fruit of Choice, Fresh Veggies	17 Chicken Parmesan Garlic Butter Noodles Marinara Sauce, Green Beans, Parmesan Cheese, Garlic Knot Applesauce, Peaches, Fruit of Choice, Fresh Veggies	18 Grilled Cheese Sandwich Tomato Soup String Cheese, Goldfish Crackers Applesauce, Tropical Fruit Fruit of Choice, Fresh Veggies	19 Hamburger on WG Bun Baked Beans, Chips, Cheese Bacon, Lettuce, Tomato, Onion, Pickle, Potato Salad, Pasta Salad, Applesauce, 2 Fruits of Choice, Fresh Veggies, Milk
22 French Bread Pizza California Vegetables Ice Cream Cup Applesauce, Mandarin Oranges Fruit of Choice, Fresh Veggies	23 Pork Carnitas on Tortilla Shell, Fiesta Beans Grilled Peppers and Onions Shredded Cheese and Lettuce Salsa, Sour Cream, Applesauce Pineapple, Fruit of Choice Fresh Veggies, Milk of Choice	24 Hot Ham & Cheese or Meatball Sub on WG Bun Carrots, Chips Applesauce, Pears Fruit of Choice Fresh Veggies Milk of Choice	25 Hot Turkey Sandwich on WG Bread, Mashed Potatoes Gravy, Corn, Cake of Choice Applesauce, Peaches Fruit of Choice, Fresh Veggies Milk of Choice	26 Breaded Chicken or Spicy Chicken Patty on WG Bun, Baked Beans, Chips Tomato, Lettuce, Onion, Pickle Applesauce, 2 Fruits of Choice
29 No School	30 Orange Chicken Fried Rice, Broccoli Fortune Cookie, S&S Sauce Tiger Bites, Applesauce Pineapple, Fruit of Choice Fresh Veggies, Milk of Choice	31 Totally Tacos, Cheese or Chicken Quesadillas, Salsa Sour Cream, Spiced Apples Applesauce, Mandarin Oranges Fruit of Choice, Fresh Veggies