



# NAVIGATE & EDUCATE

Contact School Resource Navigator for more info: Emily Smith 563.886.4711; esmith@north-cedarstu.org

## APRIL IS CHILD ABUSE AWARENESS MONTH.



Pinwheels are a symbol of happy, healthy kids. During April, you can often see pinwheel gardens outside of agencies that work to protect children as they participate in Child Abuse Prevention Month activities by "planting" pinwheels in their garden or yard area. Pinwheel gardens serve as a great visual that our community and our schools are committed to child abuse awareness and prevention.

## Available Food

**1st Friday of the Month** - 3:30-4:30pm Mobile Food Pantry Drive Thru at First United Methodist Church, 607 Lynn St, Tipton

**Tuesdays** - 3:45-5:15pm @ 300 Cedar St. Bennet  
**& 2nd & 4th Saturday of the Month** - 10:00a-12:00p Food Pantry @ Zion UCC, 402 Main St, Lowden

**2nd & 4th Wednesdays of the Month** - 3:30-5:30pm Food Pantry @ First UCC, 600 Mulberry St, Tipton

**2nd & 4th Saturdays of the Month** - 11:00am-11:45am Shared Blessings Free Meal @ First United Methodist Church, 607 Lynn St, Tipton

**2nd & 4th Thursdays of the Month** - 6:00-7:00pm Bring Photo ID, UMC, 307 E First St, Mechanicsville

**3rd Tuesday of the Month** - 3:30-4:30pm Mobile Food Pantry @ West Branch Fire Dept, 105 S 2nd St, West Branch

**3rd Saturday of the Month** - 9:00-10:00am Food Pantry Drive Thru at Foursquare Church, 1100 N Hwy 38, Tipton

**Every Wednesday** - 5:30-6:30pm Food Pantry @ St. John's UCC, 320 9th Ave, Clarence  
**1st & 3rd Saturdays of the Month** - 10:00am-1:00pm

**2nd & 4th Wednesday of the Month** - 3:00-7:00pm, Hein Manor bottom level 807 3rd St. Durant

**Every Monday -5pm-6pm** - Food Pantry @ St. Paul's UCC, 315 North Main St. Wheatland

**2nd & 4th Saturdays of the Month** - 9:30-10:30am @ St. Mark's Lutheran Church, 102 W. Church St. Oxford Jct.

**Every Friday** - 8:30-10am @ United Presbyterian Church 401 Main St. Lost Nation

## RED CROSS

Disaster Services (24-Hour Help Line: (855) 891-7325) Around the clock, every day of the year, the Iowa Region stands ready to respond to emergencies like fires, floods and severe storms. At every disaster, we assess the victims' needs and ensure that they have food, clothing, shelter and other services to help families take the first steps to recovery.



## Lee County's 1st Five Healthy Mental Development Initiative

1st Five collaborates with local medical practices to enhance patient care by: Promoting primary care provider use of validated screening tools to assess social and emotional development and family risk factors, helping providers integrate these tools into their practices, and linking children and families to community resources to improve access to appropriate follow-up care.

Questions? Ask your Primary Healthcare Provider for More Information.

## CDC'S MILESTONE TRACKER APP

[HTTPS://WWW.CDC.GOV/NCBDDD/ACTEARLY/MILESTONES-APP.HTML](https://www.cdc.gov/ncbddd/actearly/milestones-app.html)

Milestones matter! Track your child's milestones from age 2 months to 5 years with CDC's easy-to-use illustrated checklists; get tips from CDC for encouraging your child's development; and find out what to do if you are ever concerned about how your child is developing.

From birth to age 5, your child should reach milestones in how he or she plays, learns, speaks, acts, and moves. Photos and videos in this app illustrate each milestone and make tracking them for your child easy and fun!

