

# OCTOBER 2024

## North Cedar Jr/Sr High Breakfast Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

French Toast Sticks **1**  
Sausage Patty, Muffin, Cereal  
Bagel, Mini Donuts, Donut Holes,  
Assorted Breads, Yogurt or  
Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Sandwich or  
Long John **2**  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Toast **3**  
Omelet, Ham Patty  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Homemade Breakfast Pizza or  
Twist Donut **4**  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Pancakes, Sausage Links **7**  
Or Long John  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Toast **8**  
Omelet, Bacon  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Burrito or  
Cinnamon Roll **9**  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Bites **10**  
or Mini Sugared Donuts  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

**11**  
No School

**14**  
No School

Breakfast Bowl **15**  
Scrambled Eggs, Shredded Cheese  
Sausage Gravy, Bacon Bits  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Casserole **16**  
Toast  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Dutch Waffles, Strawberries **17**  
Whip Topping, Syrup  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Biscuits & Gravy **18**  
Assorted Donuts  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Pizza **21**  
or Assorted Donuts  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Toast, Scrambled Eggs **22**  
w/Cheese and Bacon  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Sandwich or  
Long John **23**  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Bites or  
Mini Sugared Donuts **24**  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Homemade Breakfast Pizza **25**  
or Cinnamon Roll  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Biscuits & Gravy **28**  
or Long John  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Bowl **29**  
Scrambled Eggs, Shredded Cheese  
Sausage Gravy, Bacon Bits  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Breakfast Burrito **30**  
or Assorted Donuts  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

Toast, Omelet **31**  
Sausage Patty  
Muffin, Cereal, Bagel, Mini  
Donuts, Donut Holes, Assorted  
Breads, Yogurt or Boiled Egg  
100% Juice, Choices of Fruit  
Milk of Choice

