

NOVEMBER 2024

North Cedar Jr/Sr High Lunch Menu

Weekly Specials:
 Nov 5-8: Italian Flatbread Melt, Chef Salad, Yogurt Parfait
 Nov 11-15: Knight Bites, Cobb Salad, Yogurt Parfait
 Nov 19-26: Turkey Bacon Wrap, Crispy Chicken Salad, Yogurt Parfait

Monday

Tuesday

Wednesday

Thursday

Friday

No School

4

Pork Chop or Salisbury Steak, Mashed Potatoes, Gravy
 Corn, B&B Sandwich
 Applesauce, Peaches
 Fruit of Choice
 Fresh Vegetables
 Milk of Choice

5

Walking Tacos or Soft Shell Taco, Refried Beans, Salsa
 Sour Cream, Shredded Lettuce and Cheese, Applesauce
 Sidekick Slushie, Fruit of Choice
 Fresh Veggies
 Milk of Choice

6

Breaded Chicken Fries
 Oven Fries
 Cake of Choice
 Applesauce, Mandarin Oranges
 Fruit of Choice
 Fresh Veggies
 Milk of Choice

7

Hamburger on WG Bun
 Bacon, Cheese, Pickle, Onion
 Tomato, Lettuce, Baked Beans
 Chips, Italian Pasta Salad
 Applesauce, 2 Fruits of Choice
 Fresh Veggies
 Milk of Choice

1

French Bread Pizza
 California Vegetables w/ Cheese
 Ice Cream Cup
 Applesauce, Pears
 Fruit of Choice
 Fresh Veggies
 Milk of Choice

11

Chicken Fajitas on Tortilla
 Fiesta Beans, Salsa, Sour Cream, Shredded Cheese and Lettuce, Grilled Peppers & Onions, Applesauce
 Pineapple, Fruit of Choice
 Fresh Veggies, Milk

12

Homemade Chili and Chicken Noodle Soup
 Cinnamon roll
 Applesauce, Fruit Cocktail
 Fruit of Choice
 Fresh Veggies
 Milk of Choice

13

Hot Ham & Cheese or Meatball Sub on WG Bun
 Sweet Potato Fries
 Applesauce, Gelatin
 Fruit of Choice
 Fresh Veggies
 Milk of Choice

14

Chicken Patty on WG Bun
 Parsley Potatoes, Peas
 Pickle, Onion, Applesauce
 2 Fruits of Choice
 Fresh Veggies
 Milk of Choice

15

No School

18

Thanksgiving Dinner
 Turkey, Mashed Potatoes
 Gravy, Corn, Roll, Stuffing
 Applesauce
 Pumpkin or Cherry Pie
 Fresh Veggies
 Milk of Choice

19

Beef Nachos of Soft Shell Taco, Refried Beans
 Queso, Salsa, Sour Cream
 Shredded Cheese & Lettuce
 Applesauce, Froot Jooce Slushie
 Fruit of Choice, Fresh Veggies
 Milk of Choice

20

Orange Chicken
 Brown/Fried Rice
 Broccoli, Fortune Cookie
 Applesauce, Pineapple
 Fruit of Choice
 Fresh Veggies
 Milk of Choice

21

Corn Dog, Hot Dog or Cheddarwurst on WG Bun
 Baked Beans, Chips
 Applesauce, 2 Fruits of Choice, Fresh Veggies
 Milk of Choice

22

Chicken Nuggets
 Fries
 Cookie
 Applesauce, Mandarin Oranges, Fruit of Choice
 Fresh Vegetables
 Milk of Choice

25

BBQ Rib or Pulled Chicken on WG Bun
 Baked Beans, Chips, Pickle
 Applesauce
 2 Fruits of Chice
 Fresh Veggies
 Milk of Choie

26

No School

27

No School

28

No School

29