

# NOVEMBER 2024

## Lowden Elementary School Lunch Menu

Weekly Specials:

Nov 5-8: Knight Bites

Nov 11-15: Sub Sandwich

Nov 19-26: Hot Dog on Bun

Monday

Tuesday

Wednesday

Thursday

Friday

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5  
Pork Chop  
Mashed Potatoes, Gravy  
Corn, B&B Sandwich  
Applesauce, Peaches  
Fruit of Choice  
Fresh Vegetables  
Milk of Choice

6  
Walking Tacos  
Refried Beans, Salsa  
Sour Cream, Shredded Lettuce  
and Cheese, Applesauce  
Sidekick Slushie, Fruit of Choice  
Fresh Veggies  
Milk of Choice

7  
Breaded Chicken Sticks  
Oven Fries  
Cake of Choice  
Applesauce, Mandarin Oranges  
Fruit of Choice  
Fresh Veggies  
Milk of Choice

1  
Cheese Ravioli  
Marinara Sauce  
Cheese Stick, Green Beans  
Applesauce  
2 Fruits of Choice  
Fresh Veggies  
Milk of Choice

8  
Hamburger on WG Bun  
Bacon, Cheese, Pickle, Onion  
Tomato, Lettuce, Baked Beans  
Chips, Italian Pasta Salad  
Applesauce, 2 Fruits of Choice  
Fresh Veggies  
Milk of Choice

11  
Cheese or Pepperoni Pizza  
California Vegetables w/ Cheese  
Ice Cream Cup  
Applesauce, Pears  
Fruit of Choice  
Fresh Veggies  
Milk of Choice

12  
Chicken Fajitas on Tortilla  
Fiesta Beans, Salsa, Sour  
Cream, Shredded Cheese and  
Lettuce, Grilled Peppers &  
Onions, Applesauce  
Pineapple, Fruit of Choice  
Fresh Veggies, Milk

13  
Homemade Chili  
and Chicken Noodle Soup  
Cinnamon Roll  
Applesauce, Fruit Cocktail  
Fruit of Choice  
Fresh Veggies  
Milk of Choice

14  
Thanksgiving Dinner  
Turkey, Mashed Potatoes  
Gravy, Corn, Roll, Stuffing  
Applesauce  
Pumpkin or Cherry Pie  
Fresh Veggies  
Milk of Choice

15  
Chicken Patty on WG Bun  
Parsley Potatoes, Peas  
Pickle, Onion, Applesauce  
2 Fruits of Choice  
Fresh Veggies  
Milk of Choice

No School 18

19  
Orange Chicken  
Brown/Fried Rice  
Broccoli, Fortune Cookie  
Applesauce, Pineapple  
Fruit of Choice  
Fresh Veggies  
Milk of Choice

20  
Beef Nachos  
Refried Beans  
Queso, Salsa, Sour Cream  
Shredded Cheese & Lettuce  
Applesauce, Froot Jooce Slushie  
Fruit of Choice, Fresh Veggies  
Milk of Choice

21  
Chicken Drumstick  
Mashed Potatoes, Gravy  
Corn, Biscuit  
Applesauce, Pears  
Fruit of Choice  
Fresh Veggies  
Milk of Choice

22  
Corn Dog or  
Cheddarwurst on WG Bun  
Baked Beans, Chips  
Applesauce, 2 Fruits of  
Choice, Fresh Veggies  
Milk of Choice

25  
Chicken Nuggets  
Fries  
Cookie  
Applesauce, Mandarin  
Oranges, Fruit of Choice  
Fresh Vegetables  
Milk of Choice

26  
BBQ Rib or  
Pulled Chicken on WG Bun  
Baked Beans, Chips, Pickle  
Applesauce  
2 Fruits of Choice  
Fresh Veggies  
Milk of Choice

No School 27

No School 28

No School 29