

# JANUARY 2026

## North Cedar Jr/Sr High School

**Weekly Specials:**

Jan 5-9: Turkey Bacon Wrap, Chef Salad, Parfait  
 Jan 12-16: Italian Flatbread, Taco Salad, Parfait  
 Jan 20-23: Knight Bites, Chef Salad, Parfait  
 Jan 26-30: Turkey Bacon Wrap, Taco Salad, Parfait

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Chicken Nuggets  
 Oven Fries  
 Applesauce  
 Peaches  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**5**

BBQ Rib or Fire Roasted  
 Chicken on Bun  
 Baked Beans, Chips  
 Pickle, Onion  
 Applesauce, Pears  
 Fresh Fruit of Choice  
 Fresh Veggies, Milk

**6**

Chicken Alfredo  
 Garlic Bread  
 Broccoli, Parmesan  
 Applesauce  
 Tropical Fruit, Fresh Fruit of Choice,  
 Fresh Veggies  
 Milk of Choice

**7**

Beef Nachos or Soft Shell Taco  
 Refried Beans, Salsa, Sour Cream  
 Shredded Cheddar and Lettuce  
 Jalapeno Corn, Guacamole  
 Diced Tomato, Onion  
 Applesauce, Froot Jooce Slushie  
 Fresh Fruit of Choice  
 Fresh Veggies, Milk of Choice

**1**
**No School**

Grilled Cheese Sandwich  
 Tomato Soup  
 Goldfish Crackers, Saltines  
 Applesauce  
 2 Fruits of Choice  
 Fresh Veggies  
 Milk of Choice

**2**
**No School**

Chicken Strips  
 Peas  
 Chips  
 Applesauce, Pineapple  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**12**

Breaded Pork Chop or  
 Country Fried Steak Strips  
 Mashed Potatoes, Gravy  
 Corn, B&B Sandwich  
 Applesauce, Mandarin Oranges,  
 Fresh Fruit of Choice  
 Fresh Veggies, Milk of Choice

**13**

French Dip on Hoagie  
 Oven Fries, Cheese Sauce  
 Shredded Cheese  
 Applesauce, Peaches  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**14**

Homemade Chili or  
 Chicken Noodle Soup  
 Cinnamon Roll, Cheez-It Saltines,  
 Applesauce  
 Tropical Fruit Fresh Fruit of Choice,  
 Fresh Veggies  
 Milk of Choice

**15**

Homemade Pizza  
 California Vegetables  
 Ice Cream/Sherbet  
 Applesauce  
 2 Fruits of Choice  
 Fresh Veggies  
 Milk of Choice

**16**
**No School**
**19**

Crispito  
 Spanish Rice  
 Salsa, Sour Cream, Churro  
 Applesauce, Pineapple  
 Fresh Fruit of Choice  
 Fresh Vegetables  
 Milk of Choice

**20**

Spaghetti with Meat  
 Sauce, Cheese Breadstick  
 Green Beans, Parmesan  
 Applesauce  
 Mandarin Oranges  
 Fresh Fruit of Choice, Fresh  
 Veggies, Milk of Choice

**21**

Popcorn Chicken  
 Oven Fries  
 Cake of Choice  
 Applesauce, Pears  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**22**

Hamburger on Bun  
 Baked Beans, LTOP, Cheese Bacon,  
 Chips, Potato and Italian Pasta Salad  
 Applesauce, 2 Fruits of Choice,  
 Fresh Veggies  
 Milk of Choice

**23**

Chicken Patty or Spicy  
 Chicken Patty on Bun  
 Pickle, Onion, Tater Tots  
 Applesauce  
 Tropical Fruit, Fresh Fruit of Choice,  
 Fresh Veggies  
 Milk of Choice

**26**

Walking or Soft-Shell Beef Taco  
 Refried Beans, Salsa, Sour Cream  
 Shredded Cheddar and Lettuce  
 Jalapeno Corn, Guacamole  
 Diced Tomato, Onion  
 Applesauce, Sidekick Slushie  
 Fresh Fruit of Choice  
 Fresh Veggies, Milk of Choice

**27**

Cheese Ravioli  
 String Cheese, Garlic Knot  
 Spaghetti Sauce, Green Beans  
 Applesauce, Peaches  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**28**

Louisiana Chicken  
 Breast on Bun, Oven Fries  
 Onion, Pickle  
 Applesauce, Pears  
 Fresh Fruit of Choice  
 Fresh Veggies  
 Milk of Choice

**29**

Homemade Pizza  
 Broccoli w/ Cheese Sauce  
 Ice Cream/Sherbet  
 Applesauce  
 2 Fruits of Choice  
 Fresh Veggies  
 Milk of Choie

**30**