



OCTOBER 2026

North Cedar Jr/Sr High Lunch Menu

Weekly Specials:

Oct 1-2: Crispy Chicken Salad, Knight Bites, Yogurt Parfait
Oct 5-8: Taco Salad, Sub Sandwich, Yogurt Parfait
Oct 12-16: Chef Salad, Knight Bites, Yogurt Parfait
Oct 20-23: Cobb Salad, Turkey Bacon Wrap, Yogurt Parfait
Oct 26-30: Taco Salad, Triple Decker Club, Yogurt Parfait

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Nuggets
Oven Fries
Graham of Choice
Applesauce, Froot Jooce
Slushie, Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Sloppy Joe on Bun
Tater Tots, Pickle, Onion
Applesauce
Peaches
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Chicken Drumstick
Mashed Potatoes, Gravy
Corn, Biscuit
Applesauce, Fruit Cocktail
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Corn Dog, Cheddarwurst
or Hot Dog on Bun
Baked Beans, Chips, Onion
Applesauce
2 Fruits of Choice
Fresh Veggies
Milk of Choice

Homemade Pizza
California Blend Veggies
Ice Cream/ Sherbet Cup
Applesauce
2 Fruits of Choice
Fresh Veggies
Milk of Choice

No School

The Tangy Trapeze
(Orange Chicken)
Fried Rice/Brown Rice
Broccoli, Fortune Cookie
Applesauce, Pineapple
Fresh Fruit of Choice
Fresh Veggies, Milk of Choice

Taco Tent Takeover
Beef Nachos or Soft Shell
Refried Beans, Salsa, Sour Cream
Shredded Lettuce & Cheese
Jalapeno Corn, Queso, Diced
Tomato, Onion, Applesauce
Peaches, Fresh Fruit of Choice
Fresh Veggies, Milk of Choice

Chicken Acrobat (Alfredo)
Bosco Stick
Green Beans, Parmesan
Applesauce, Mandarin
Oranges, Fresh Fruit of Choice,
Fresh Veggies
Milk of Choice

Big Top Popcorn
Chicken Bites, Ringmaster Frie
Big Top Brownie
Applesauce, Pears
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Ring Master's
Pizza Party
Broccoli w/ Cheese Sauce
Ice Cream or Sherbet Cup
Applesauce
2 Fruits of Choice
Fresh Veggies, Milk of Choice

No School

Chicken Strips
Peas, Parsley Potatoes
Graham of Choice
Applesauce, Pears
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

French Dip on Hoagie
Oven Fries
Cheese Sauce or Shredded Cheese,
Applesauce
Pineapple, Fruit of Choice
Fresh Veggies
Milk of Choice

Chicken Fajita on
Tortilla Shell, Fiesta Beans
Salsa, Sour Cream, Shredded Cheese
and Lettuce, Grilled
Peppers & Onions, Applesauce
Peaches, Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

BBQ Rib or Fire
Braised Chicken on Bun
Carrots, Chips, Pickle, Onion
Applesauce, Sidekick Slushie
Fruit of Choice
Fresh Veggies
Milk of Choice

Crispito
Spanish Rice, Churro
Salsa, Sour Cream, Cheese Sauce,
Applesauce
Pineapple, Fresh Fruit
of Choice, Fresh Veggies
Milk of Choice

Pork Chop or Salisbury
Steak, Mashed Potatoes
Gravy, Corn, B&B Sandwich
Applesauce, Pears
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Homemade Lasagna
Green Beans, Garlic Bread
Parmesan
Applesauce, Peaches
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Chicken Sticks
Oven Fries
Cracker of Choice
Applesauce, Tropical Fruit
Fresh Fruit of Choice
Fresh Veggies
Milk of Choice

Mummy Dogs and
Mummy Cheddarwurst
Pumpkin Cookie, Baked Beans
Applesauce
2 Fruits of Choice
Fresh Veggies
Milk of Choice

October 12-16th is National School Lunch Week. This week, the cafeteria is going full Cafeteria Circus.

Every school day, more than 30 million students across the country eat a school lunch, and it's a lot more work than most people realize to get a balanced, kid-approved meal on the table every single day. We welcome parents and caregivers to join their students for lunch. Lunch is \$5.25.